

Generative Altruism Scale (GAIS)

Reference:	Büssing A, Kerksieck P, Günther A, Baumann K: Altruism in Adolescents and Young Adults: Validation of an Instrument to Measure Generative Altruism with Structural Equation Modeling. <i>International Journal of Children's Spirituality</i> 2013; 18: 335-350
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Origin: Original instrument

Purpose: The Generative Altruism Scale (GAIS) includes affective and behavioral elements. Here, altruism is operationalized as an attitude and commitment to help and care for others without expecting any rewards or direct benefit ("Generative Altruism"); in this case, altruism is intrinsically motivated by compassion.

Population: The instrument was tested in adolescents / young adults and in healthy adults, and is currently tested in religious persons, too.

Administration:

Rater: Self, telephone or interview-administered

Time Required: 1-2 min. for self administration

Training: none

Scoring: All items were scored on a 4-point scale measuring the intensity of the respective attitude or behavior: 0 – *Never*; 1 – *Sometimes*; 2 – *Often*; 3 – *Very often*.

Description: The 11 or 9 item version, respectively, is used as a mean score scale. Nevertheless, there are sub-constructs which are currently tested. .

Coverage: Research and Clinical

Reliability: In adolescents, both the 11 and the 9 item version has a good internal consistency (Cronbach's alpha = .81). In a sample of 2.385 persons (63% high school students, 12% university students, 12% adult volunteers and 13% religious persons), the 9 item version has good internal consistency, too (Cronbachs alpha = .81 and alpha = .82 in the sample without high school students)

Validity: In adolescents, the GAIS correlated moderately with Compassion / Generosity (ASP; $r=.46$), Cooperativeness ($r=.43$), and the ideal to help others ($r=.41$), while it is not relevantly associated with life satisfaction ($r=.02$) or self-efficacy expectation (SEE; $r=.09$). In volunteers, the scale is strongly related with Compassion (SCCS; $r=.58$) and Volunteering values ($r=.54$), and moderately with Prosocial-humanistic practices (SpREUK-P; $r=.41$) and Gratitude / Awe (SpREUK-P; $r=.31$), but not with life satisfaction (BMLSS; $r=.08$). Intrinsic religiosity (ASP's Prayer/Trust in God scale; $r=.17$), religious practices (SpREUK-P; $r=.14$) and the perception of the transcendent (DSES; $r=.12$) were only marginally related to the GAIS.

Strengths: The scale is not contaminated with life satisfaction related variables, and is applicable also to non-religious persons. Because of its brevity, the instrument can be an important additive to be used for empirical studies analysing the connection between altruism as a behaviour and compassion as an intentional attitude, and the development of ethical values. The scale is suited to be used to evaluate education programs

Bibliography

Büssing A, Kerksieck P, Günther A, Baumann K: Altruism in Adolescents and Young Adults: Validation of an Instrument to Measure Generative Altruism with Structural Equation Modeling. *International Journal of Children's Spirituality* 2013; 18: 335-350

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doi:10.1007/s11089-017-0798-5

Each person has their own and unique point of view. The following statements may not apply to you. Nevertheless, please read them carefully and indicate how often you reaction accordingly or how true each is for you in your <u>current situation</u> by circling one answer for each question below. Please be as truthful as possible: There is no 'right' or 'wrong' answer.		Never	Sometimes	Often	Very often
AS1*	In my spare time I work voluntary for others (e.g. charity, community).	0	1	2	3
AS2*	I donate money for charity.	0	1	2	3
AS3	When I see needy persons, I ask them how I can help.	0	1	2	3
AS4	When I see needy persons, I give them money.	0	1	2	3
AS5	When I see needy persons, I think about how to relieve their misery or meet their needs.	0	1	2	3
AS6	If someone I do not know asks me for help, I will immediately help them.	0	1	2	3
AS7	If someone I do not know intends to borrow something which is really important to me, I will lend to them nonetheless.	0	1	2	3
AS8	I lend (my money and possessions) even to those who are not in my immediate circle of friends.	0	1	2	3
AS10	I help others even when there is no direct benefit to me.	0	1	2	3
AS11	I relinquish my material goods in favor of the common good.	0	1	2	3
AS13	When I see suffering I try to find ways to alleviate it.	0	1	2	3

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* Optional Items of the 11-item version.

Jeder Mensch hat seine eigene Sichtweise und individuelle Meinung. Diese müssen nicht notwendigerweise auch für Sie zutreffend sein. Bitte überprüfen Sie, in wie weit die folgenden Aussagen für Sie in ihrer <u>jetzigen Situation</u> zutreffend sind bzw. wie oft sie entsprechend reagieren. Bitte kreuzen Sie bitte die Antwort so ehrlich wie möglich an, die spontan noch am ehesten auf Sie zutrifft. - Es gibt keinen „richtigen“ oder „falschen“ Antworten		nie	manchmal	oft	sehr oft
AS1*	In meiner Freizeit engagiere ich mich ehrenamtlich für andere (z.B. Gemeinde, Altenheim, Wohltätigkeitsorganisationen).	0	1	2	3
AS2*	Ich spende Geld für wohltätige Organisationen.	0	1	2	3
AS3	Wenn ich Hilfsbedürftige sehe, spreche ich sie an, wie ich ihnen helfen kann.	0	1	2	3
AS4	Wenn ich Hilfsbedürftige sehe, gebe ich ihnen Geld.	0	1	2	3
AS5	Wenn ich Hilfsbedürftige sehe, mache ich mir Gedanken, wie ich ihre Not (bzw. ihre Bedürfnisse) lindern könnte.	0	1	2	3
AS6	Wenn mich jemand, den ich nicht so gut kenne, um Hilfe bittet, dann tue ich das selbstverständlich sofort.	0	1	2	3
AS7	Wenn sich jemand, den ich nicht so gut kenne, bei mir etwas ausleihen will, das mir wichtig ist, dann helfe ich ihm aus.	0	1	2	3
AS8	Ich verleihe (Geld oder auch andere Dinge) auch an Personen, die nicht zu meinem engen Freundeskreis gehören.	0	1	2	3
AS10	Ich helfe anderen, auch wenn es mir selber gar nichts bringt.	0	1	2	3
AS11	Ich stelle mein materielles Wohl zugunsten des Wohls der Allgemeinheit zurück.	0	1	2	3
AS13	Wenn ich Leid sehe, versuche ich Wege zu finden, dieses zu lindern.	0	1	2	3

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* Optionale Items der 11-item Version.

Ogni uomo ha la sua personale visione e individuale opinione. Queste non devono necessariamente corrispondere anche alle Sue. Verifichi in quale misura le seguenti affermazioni corrispondono alla Sua situazione attuale. Contrassegni con una croce la risposta che si addice a Lei il più sinceramente possibile. Non c'è nessuna risposta „giusta“ o „sbagliata“		Mai	Qualche volta	Spesso	Molto spesso
AS1*	Nel mio tempo libero mi impegno volontariamente per gli altri (ad esempio in case per anziani, organizzazioni di beneficenza).	0	1	2	3
AS2	Faccio donazioni per organizzazioni di beneficenza.	0	1	2	3
AS3	Quando vedo persone bisognose d'aiuto parlo con loro sul modo in cui posso aiutarle.	0	1	2	3
AS4	Quando vedo persone bisognose, do loro del denaro.	0	1	2	3
AS5	Quando vedo persone bisognose, rifletto su come possa essere possibile per me mitigare il loro bisogno e in particolare le loro necessità.	0	1	2	3
AS6	Quando qualcuno che non conosco molto bene viene da me chiedendo aiuto, lo concedo certamente all'istante.	0	1	2	3
AS7	Quando qualcuno che non conosco molto bene mi chiede un prestito per me importante, vado in suo soccorso.	0	1	2	3
AS8*	Faccio dei prestiti anche a persone che non appartengono al mio giro di amicizie.	0	1	2	3
AS10	Aiuto gli altri, anche se questo non mi dà nulla in cambio.	0	1	2	3
AS11	Metto i miei beni materiali al servizio del bene della comunità.	0	1	2	3
AS13	Quando vedo il dolore cerco di trovare delle soluzioni per poterlo alleviare.	0	1	2	3

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Każdy człowiek ma własną perspektywę i indywidualne zdanie. To, co dla Ciebie jest prawdą, niekoniecznie musi nią być dla innych. Proszę ustosunkuj się do poniższych stwierdzeń. Z zaproponowanych odpowiedzi zaznacz tę, która najlepiej oddaje Twoje aktualne nastawienie. Proszę zaznaczyć tylko tę odpowiedź, która jest najbliższa prawdzie, tak uczciwie, jak to możliwe. Nie ma "złej" lub "dobrej" odpowiedzi.		niezwykle często	czasami	często	bardzo często
AS1*	W wolnym czasie dobrowolnie angażuję się w działalność dla innych (np. w domach starców, jako wolontariat).	0	1	2	3
AS2	Wysyłam pieniądze na cele charytatywne.	0	1	2	3
AS3	Kiedy widzę osoby potrzebujące, pytam, się jak mogę im pomóc.	0	1	2	3
AS4	Kiedy widzę osoby potrzebujące, daję im pieniądze.	0	1	2	3
AS5	Kiedy widzę osoby cierpiące, zastanawiam się, co mogę zrobić, aby złagodzić ich cierpienie.	0	1	2	3
AS6	Kiedy ktoś obcy prosi mnie o pomoc, tę natychmiast mu jej udzielam.	0	1	2	3
AS7	Kiedy ktoś obcy chce coś ode mnie pożyczyć, co jest dla mnie wartościowe, to pożyczam mu to.	0	1	2	3
AS8*	Pożyczam również osobom, które nie należą do ścisłego grona moich przyjaciół.	0	1	2	3
AS10	Pomagam innym, nawet wtedy, gdy nie mam z tego korzyści.	0	1	2	3
AS11	Korzyści materialne przedkładam, na rzecz interesu publicznego czy dobra wspólnego.	0	1	2	3
AS13	Kiedy dostrzegam wokół siebie cierpienie, staram się zawsze znaleźć jakieś rozwiązanie.	0	1	2	3

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